

# MOBILE MAMMOGRAPHY

Bringing Lifesaving Screening and Early Detection to Women Across Northern Minnesota

Breast cancer is the most frequently diagnosed cancer among women today, affecting nearly 100 women in our region each year. While mammograms are the first line of defense for detecting breast cancer in its earliest and most treatable stages, research shows that many women forgo these essential screenings due to barriers such as proximity to a local health care facility, lack of transportation, cost and other factors.

With your help, we can change that.



## AN INVITATION TO MAKE A DIFFERENCE

You are invited to join our efforts to provide greater access to lifesaving breast cancer screening and early detection technology through our new 3D Mobile Mammography unit, the first-ever mobile mammography service to be offered for the Bemidji region.

With your support, we can bring the latest 3D mammography technology to more women across our region, saving the lives of more mothers, sisters, daughters and friends from surrounding communities who deserve the brightest of futures.

### Lifesaving Care, Close to Home

- Currently, the Edith Sanford Breast Center located inside the Sanford Bemidji Main Clinic provides more than 6,400 mammogram screenings to Bemidji-area patients each year.
- With our new Mobile Mammography service, we can provide over 1,100 mammogram screenings annually for women in our surrounding communities.
- Total appointment times, from the moment patients arrive at our Mobile Mammography unit until they leave, typically take less than 25 minutes. That means no more having to take a day off work to travel for a mammogram.

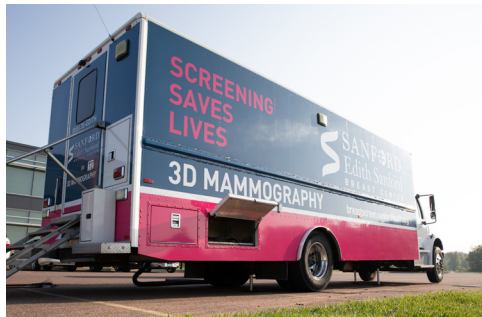
## Early Detection for Successful Outcomes

- A low dose 3D mammogram allows our experts to detect breast cancer at its earliest and smallest stage, giving women a faster and more accurate understanding of their breast health.
- Thanks to 3D mammography, 76% of breast cancers diagnosed at Edith Sanford in Bemidji in 2023 were caught at stage 0 or stage 1, when the disease is most treatable.
- With increasing rates of breast cancer cases among underserved populations, it's more important than ever to offer accessible mammography services for those in our surrounding communities. We anticipate our Mobile Mammography unit will increase breast cancer screening rates among underserved women by up to 5%.

## Launch and Phase One Servicing

- With your support, we can launch our Mobile Mammography service in October 2025, just in time for Breast Cancer Awareness Month.
- Phase one of our long-term Mobile Mammography plan includes the following locations: Walker, Bagley, Blackduck, Cass Lake and Park Rapids. Additional locations will be added over time.

## COMPREHENSIVE CARE ACROSS OUR COMMUNITIES



Mobile Mammography services have been proven to help prevent advanced-stage malignancies in vulnerable and underserved populations, as well as particular subgroups of women, including women over the age of 60.

Together, we can save the lives of more women across our region. Because where you live should never determine the state of your health. Whether your home is in a metro area or off a gravel road outside a rural community, at Sanford Health, we believe everyone, at every stage of life, deserves access to convenient, world-class care close to home.

## GIVE FOR GOOD

We need your support to make our vision for Mobile Mammography services in northern Minnesota a reality. 100% of your gift through the Sanford Health Foundation will help purchase and equip a state-of-the-art Mobile Mammography unit for the Bemidji region. Every gift is needed to help make this lifesaving service a reality for women across our communities.

A limited number of naming opportunities are available. Contact us to discuss how you and your family or business can support our Mobile Mammography services and receive recognition that celebrates the impact of your generosity.



[sanfordhealthfoundation.org/edith](https://sanfordhealthfoundation.org/edith)